




NORTH EAST

D.S.C.N.E.

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SERVICES
**OCCUPATIONAL
THERAPY**



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ABOUT US

Occupational Therapy aims to help a person achieve success in their life occupations.

It focuses on the main occupations of:

- ★ School (e.g. writing, reading, fine motor skills, learning, attention, behaviour)
- ★ Home tasks (e.g. fitting in with family life, homework, getting self ready)
- ★ Play (e.g. imaginative play, social interaction, gross motor skills)
- ★ Self-care (e.g. bathing, dressing, eating, organising stuff).

WHAT IS OCCUPATIONAL THERAPY ?

Occupational Therapy (OT) is concerned with the child's ability to participate in daily life activities or occupations.

The occupation of a child is to thrive.

Occupation refers to all the tasks or activities that a person either:

- ★ Wants to do including interests, hobbies, play.
- ★ Has to do including eating, toilet, dressing.
- ★ Is expected to do such as reading, writing, academics)

HOW IT WILL HELP ?

The Occupational Therapist will carefully analyse the sensory, physical, cognitive and behavioural aspects causing the child to have difficulties in his / her life occupations.

Intervention is then targeted at the weak areas to improve the underlying skills. Intervention looks at a combination of education for the families and the child regarding the reasons for the difficulties.

Environmental modification are implemented, where appropriate, to ensure the child has the “just right” level of challenge to enable success.

Remediation of the underlying skills is managed through clinic treatment and/or home and school programming.